



1

Groningen Consensus statements for Core Domain Set, Clinical Terminology, and Minimum Reporting Recommendations for Baseline Characteristics

Friday, September 28, 2018

08.00 – 08.45 hours

UMCG - Blauwe Zaal (Blue Room)

Many different terms are used to describe the clinical condition of chronic tendon pain, thickening/swelling and impaired performance with repetitive loading. Furthermore (clinical) tendinopathy research often lacks uniform selection criteria and an agreed set of commonly used tendon outcome measures. This hampers transparent research, valid comparison(s) between studies and ultimately also clinical outcome.

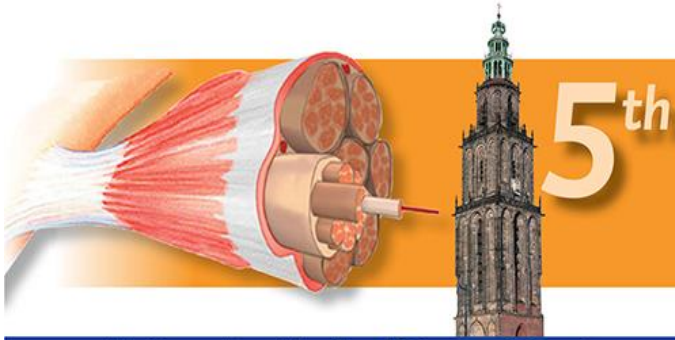
Therefore a consensus project was started and an expert meeting organized.

Aims of this project/meeting were to reach consensus on:

1. A Core Domain Set for tendinopathy to be used in reporting of clinical tendinopathy studies (project leader Bill Vicenzino)
2. Clinical terminology of different tendinopathies to be used in clinic and tendinopathy studies (project leader Alex Scott)
3. A set of minimum reporting recommendations for baseline characteristics to be used in the reporting in clinical tendinopathy studies (project leader Ebonie Rio)

Results of this consensus project/meeting will be presented during this session.

Hans Zwerver, Bill Vicenzino, Alex Scott, Ebonie Rio



INTERNATIONAL SCIENTIFIC TENDINOPATHY SYMPOSIUM

University Medical Center Groningen • September 27 - 29 • 2018

2

Enhancing Research Surrounding Psychosocial Factors in Tendinopathy

Friday, September 28, 2018

17.30 – 18.15 hours

UMCG - Blauwe Zaal (Blue Room)

Knowledge surrounding the role of psychosocial factors in musculoskeletal pain and the impact on rehabilitation outcomes has improved greatly over the last number of years.

To date there is a distinct lack of information pertaining to specific psychosocial factors in tendinopathy. At present the main methods used to investigate such factors are through the use of questionnaires and screening tools initially developed for other MSK complaints (e.g. FABQ, TAMPA).

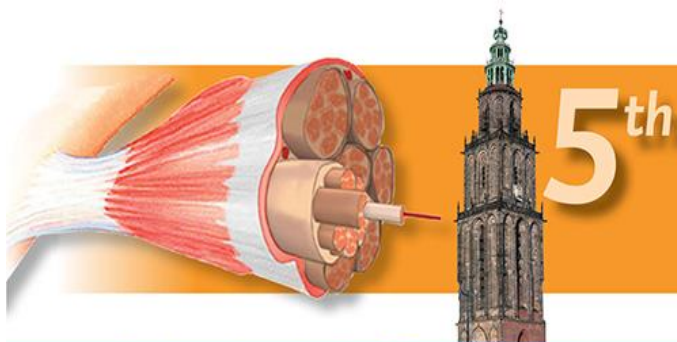
Consequently our research group plans to address this issue by:

- Performing a Delphi study on the role of psychosocial factors in tendinopathy.
- Additionally, we are hoping to use the information from this Delphi study to create and validate a questionnaire to investigate psychosocial factors specifically for tendinopathy.

We are planning to hold an information session around this project at ISTS. It is envisaged that this informal information session will be used to outline progress to date with the project, gather appropriate feedback and opinion on the project, and ascertain interest in participating in the proposed Delphi study.

If this were something that interested you, we would be extremely grateful if you could find the time to attend this session.

Seán Mc Auliffe, Peter Malliaras, Kieran O'Sullivan, Inge van den Akker-Scheek



I S T S INTERNATIONAL S CIENTIFIC T ENDINOPATHY S YMPOSIUM

University Medical Center Groningen • September 27 - 29 • 2018

3

Meet & Greet with the chief-editor of Translational Sports Medicine

(sponsored session)

Saturday, September 29, 2018

10.30 – 11.30 hours

UMCG – Fountain Patio

We are pleased to announce that [Translational Sports Medicine](#) editor Prof. Michael Kjaer will be running a Meet the Editor session on Saturday from 10.30-11.30 in the Fountain Patio (exhibition area). Come along with any questions you may have about *Translational Sports Medicine*, whether you are considering submitting your paper and have questions about what the editors look for, or just want to learn more about sports medicine research.

4

Consensus statements on tendinopathy: the next steps to ISTS 2020

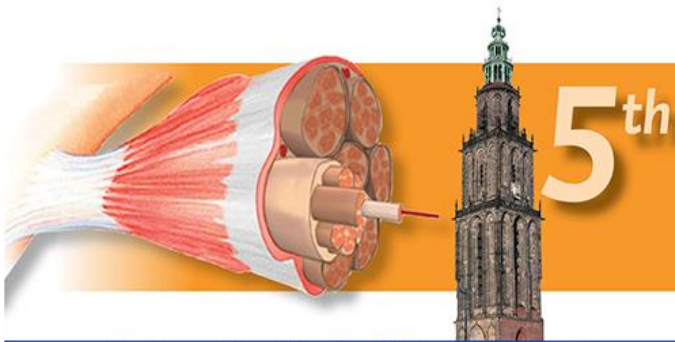
Saturday, September 29, 2018

12.30 – 13.00 hours

UMCG - Blauwe Zaal (Blue Room)

The Groningen ISTS 2018 consensus statements are only the start of the process to improve quality, transparency and standardization of tendon related research. A lot of work still has to be done. In this session we will try to develop the next steps for this process. We invite clinicians and researchers to join us and to participate in this important task.

Hans Zwerver, Bill Vicenzino, Alex Scott, Ebonie Rio



INTERNATIONAL SCIENTIFIC TENDINOPATHY SYMPOSIUM

University Medical Center Groningen • September 27 - 29 • 2018

5

Registration required

Workshop 'Management of Achilles and Patellar tendinopathy'

Registration is possible before Friday, September 28, 2018 by filling out the registration form and submit the information to the Congress Organization.

To register (no costs) for the workshop, please use the registration form in the e-mail.

Saturday, September 29, 2018

13.30 – 15.30 hours

UMCG – Room 16

This workshop provides an up-to-date research and clinical perspective on the management of Achilles and Patellar

Associate Professor Peter Malliaras, PhD

*Department of Physiotherapy / School of Primary and Allied Health Care
Monash University, Victoria, Australia*

6

Social event_1

Opening Ceremony

Words of Welcome on behalf of the University of Groningen, the Municipality of Groningen and the Province of Groningen.

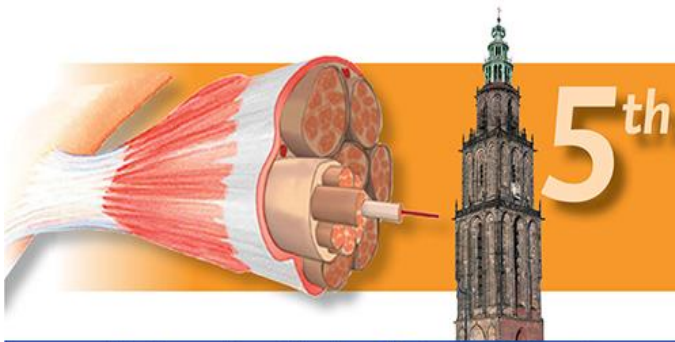
Thursday, September 27, 2018

18.00 – 19.00 hours

UMCG – Fountain Patio

A voucher is attached in the e-mail.

Free entrance / no registration is required



I NTERNATIONAL
S CIENTIFIC
T ENDINOPATHY
S YMPOSIUM

University Medical Center Groningen • September 27 - 29 • 2018

7

Social event_2

Buffet & 'Tendinoholic' Lustrum Party

Registration is possible before Monday, September 24, 2018 by filling out the registration form (+ pay online € 55,-) and submit the form to the Congress Organization.

If you did not register for the Buffet& Lustrum party, please use the registration form in the e-mail. No tickets available during the Symposium.

Friday, September 28, 2018

Welcome with music and drinks from 18.00-19.30 hours

Buffet from 19.30 – 21.30 hours

Lustrum Party with live music by Casino Royal from 21.30 – 00.00 hours

Location: Restaurant Het Heerenhuis

Spilsluizen 9, NL-9712 NR Groningen

T +31 (0)50 3120438